

Curriculum Vitae
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Pronouns: she/her/hers
Department of social Work
Southern Illinois University Edwardsville
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EDUCATION

Master of Social Work University of Illinois at Urbana-Champaign	1999
Bachelor of Social Work University of Hawaii at Manoa	1997
Associate of Arts Honolulu Community College	1995

PROFESSIONAL LICENSES

Licensed Clinical Social Worker in the State of Illinois	2001
Licensed Clinical Social Worker in the State of Missouri	2021

CERTIFICATIONS

Talk Saves Lives Facilitator (Suicide Prevention Training)	2022
Mental Health First Aid Facilitator	2022
NASPA Certified Peer Educator Trainer	2023
Prepare/Enrich Facilitator	2012

ACADEMIC TEACHING EXPERIENCE

Instructor and Practicum Education Director, Department of Social Work, Southern Illinois University Edwardsville (SIUE)

February 2024 – Present

- Identify student placement opportunities, securing affiliation agreements, cultivating relationships, and developing/maintaining positive partnerships with prospective placement sites to broaden their relationships with the university, college, department, and students
- Recruit/vet practicum supervisors who work with students at practicum sites
- Work in conjunction with department leadership to monitor, develop, and evaluate the practicum program policies, procedures, seminar course content and curriculum
- Contribute to departmental administration, curriculum development of governance
- Train and support faculty practicum seminar instructors and monitor seminar course enhancements and delivery
- Facilitate/monitor student placement to ensure educational quality and monitoring site visits
- Design/deliver practicum orientations to students, faculty, staff, practicum site, practicum supervisors and other constituent groups
- Work in conjunction with Department Chair to oversee practicum records management. Maintain all practicum program databases, manuals, forms, and other related documentation
- Represent the practicum program at all department, college, university, accreditation, and/or professional meetings
- Serve as a department representative on the Department Social Work CEU committee, which provides training and educational outreach for sites, practicum supervisors, and students
- Work with the Department Chair and Program Directors to update, and enhance the practicum seminar structures, syllabi, and course content so that it aligns to accreditation requirements and professional program curriculum standards
- Assist with department student recruitment, orientation, and retention efforts to make sure information about practicum readiness, program matriculation and success is aptly delivered
- Mediate placement conflicts and lead efforts to address student and/or site concerns
- Advise students on issues related to the practicum program and/or career transitions

- Actively engage with practicum program coordinators/directors at other accredited programs via participation in constituent groups, networking events, meeting, and/or conferences
- Provide monthly, semester, and annual reports on practicum program developments and outcomes

Adjunct Instructor, Department of Social Work, Southern Illinois University Edwardsville

March 2019 – 2023

Undergraduate Level Courses Taught

- SOCW 200 Foundations of Social Work 1 (Spring 2019)
- SOCW 202 Introduction to the Social Work Profession (Fall 2019, Spring 2020, Spring 2021, Summer 2021)
- SOCW 303 Human Behavior in the Social Environment II (Spring 2024)
- SOCW 211 Fundamentals of Social Work Practice (Fall 2024)

Graduate Level Courses Taught

- SOCW 550 Advanced Micro Practice (2 sections Fall 2020)
- SOCW 560 Mental Health Services (Spring 2021)
- SOCW 529 Advanced Field Instruction IV (Spring, 2021, Summer 2021)
- SOCW 526 Graduate Foundation Practicum Seminar I (Spring 2024)
- SOCW 527 Graduate Foundation Practicum Seminar II (Summer 2024)
- SOCW 565 Capstone (Summer 2021, Summer 2023, Summer 2024)

HIGHER EDUCATION CLINICAL EMPLOYMENT EXPERIENCE

Director of Counseling Services, SIUE Counseling Services

June 2021 to February 2024

- Oversee daily operations of the University Counseling Center
- Manage budgetary operations and serve as Fiscal Officer for the Counseling Center
- Participate in the weekly Conduct Assessment & Intervention Committee
- Member the Behavioral Intervention Team (BIT), which meets monthly to review individuals who have come to the attention of the university and may be at-risk to themselves or others
- Serve as a member of the Campus Threat Assessment Committee
- Facilitate the hiring of all new professional staff
- Consult with campus partners regarding various mental health and behavioral issues
- Monitor and approve time and payroll for all employees in the department

Associate Director of Counseling Services, SIUE Counseling Services

July 2018 to June 2021

- Provide direct administrative oversight and evaluation of Staff Counselors
- Provide clinical supervision to interns and counseling staff working toward professional licensure
- Manage Care Reports (behavioral incident reports) from faculty, students, staff and outside entities. Investigate reports, notify relevant stakeholders, and form a response plan to aid the individual(s) that are involved
- Trained in HIPAA compliant telehealth
- Provide crisis coverage to assist students in urgent distress
- Served on the search committee for the Associate Vice Chancellor for Student Affairs

Interim Director of Counseling Services, SIUE Counseling Services

October 2018 – February 2019

March 2017 – August 2017

June 2014 – February 2015

- Manage budgetary operations and serve as Fiscal Officer for the Counseling Center
- Provided licensure supervision to all unlicensed counselors in the office

- Provide clinical supervision to multiple Masters level practicum students
- Serve as Project Director for the iCare Suicide Prevention Garrett Lee Smith Grant
- Facilitate the Person of Concern Committee
- Member of an Advisor to the University's Threat Assessment Team
- Provided crisis intervention and management services to diverse students
- Trained in Cascade and served as a webmaster for SIUE Counseling Service's website

Behavioral Incident Counselor and Care Coordinator, SIUE Counseling Services

Aug. 2017 – July 2018

Feb 2015 - Aug. 2017

- Lead monthly Persons of Concern (POC) committee meetings where individuals who have come to the attention of the university and may be at-risk to themselves or others are discussed
- Review and assess behavioral incident reports from faculty, students, staff and outside entities. Investigate reports, notify relevant stakeholders, and form a response plan to aid the individual(s) that are involved
- Coordinate the re-entry process for students after psychiatric hospitalization
- Provide crisis coverage to assist students in urgent distress during assigned shifts and as backup when Director and assigned walk-in counselors are not available

Staff Counselor/Intern Coordinator, SIUE Counseling Services

2008-2014

- Provided individual and group counseling to enrolled students
- Served as Grant Administrator for the Illinois Attorney General Violent Crime Victim's Assistance grant proposal for the Sexual Assault Prevention program
- Conducted psychological assessments
- Co-developed and executed the One Night Program, an interactive and innovative alcohol awareness program
- Actively participated in the Sexual Assault Prevention Task Force

SELECTED PRESENTATIONS

Ulrich, J. & Waldron, A. (April, 2024) "SIUE and TimelyCare Partner to Expand Anytime Anywhere Mental Health Services" presented at the *Behavioral Health Workforce Education and Training Conference*.

Ulrich, J. (April, 2023) Mental Health Support for Faculty and Staff at SIUE presented to faculty at staff at SIUE.

Ulrich, J., Klein, N., & Atkins, K. (March 2023) "Culture of Care" presented at the *SIUE Continuous Improvement Conference*.

Ulrich, J. (March, 2022) "Working with Students in Distress" presented to the School of Pharmacy faculty.

Ulrich, J. (April, 2023) "Progress Toward Mental Health Early Action on Campus Act".

Ulrich, J. (November, 2019) "Coping with Stress & Anxiety"

Ulrich, J. (November, 2018) "Reporting Crises and Submitting Care Reports"

Ulrich, J. (April, 2023) "Self-Esteem: What is it and How to Develop It"

Ulrich, J., Thompson-Gibson, L, & Boddie, C.R. (January 2018) "Suicide Awareness & Prevention" presented for the Supplemental Education/Learning Support Services.

GRANTS

- Garret Lee Smith SAMHSA Suicide Prevention Grant
- Violence Against Women Grant
- Illinois Attorney General Sexual Assault Prevention Grant

UNIVERSITY COMMITTEES

- Quality Initiative (QI)
- Student Success Team (SST)
- Behavioral Intervention Team (BIT)
- Conduct Assessment Intervention Team (CAIT)

- Campus Violence Prevention Committee (CVPC)
- CHAIR: Awareness Committee for the Coordinated Community Care Response Team (C3RT)
- Counseling & Health Services Advisory Board (CHSAB)
- Student Affairs Assessment Committee
- Student Medical Leave of Absence Committee
- Student Affairs Professional Development Committee

OTHER CLINICAL EMPLOYMENT EXPERIENCE

Mental Health Counselor, Chestnut Health Systems, Maryville, IL

1999-2001

2002-2004

- Provided individual, group, and family counseling to adolescents living in a residential substance treatment center
- Liaison between client and psychiatrist on mental health issues for dual diagnosed clients
- Conducted group therapy and educational lectures on various mental health topics
- Supervised Bachelor and Master level social work practicum students
- Provided licensure supervision to employees seeking licensure
- Developed and implemented individualized treatment plans for clients

Psychiatric Social Worker, Belleville Memorial Hospital, Belleville, IL

2001 - 2002

- Provided mental health perspective as part of an interdisciplinary team on the psychiatric unit
- Referred patients for further treatment, vocational, educational, or financial services

Counseling Intern, Family Service of Champaign County, IL

1997-1998

- Provided individual, couple, and family counseling to a variety of populations
- Maintained client records for intakes, assessments, treatment plans, and case notes
- Developed various curricula for agency members to use for starting support groups

Administrative Graduate Assistant, University of Illinois at Urbana-Champaign Housing

1997 - 1998

- Developed and published the *Goodwin Green Globe*, a monthly newsletter for family housing residents
- Maintained programming budget for Family and Graduate Housing

Home Reach Specialist, Child and Family Service, HI

1995- 1997

- Provided weekly home visits to assigned clients to assist in learning and improving parenting skills
- Provided psychoeducation on stages of development
- Educated clients on home safety and prevention

Resident Advisor, University of Hawaii at Manoa

1996-1997

- Provided support, encouragement, and leadership to my assigned community
- Developed and executed programs to help promote a living-learning environment
- Assisted students in resolving interpersonal conflicts

PROFESSIONAL TRAININGS

Cognitive Processing Therapy: An Evidence-Based Approach to Treat PTSD & Related Conditions	2022
Acceptance & Commitment Therapy: 2-Day Intensive ACT Training	2022
Dialectical Behavior therapy Certification Training	2022

Mastering Differential Diagnosis with the DSM-5-TR	2022
Clinical Supervision: Providing Effective Supervision, Navigating Ethical Issues and Managing Risk	2022
Working with Military and Veteran Clients	2022
EMDR: An Effective Tx for Trauma and Loss	2021
Using Polyvagal Theory, IFS, ACT, DBT & More to Treat Trauma, Anxiety & Depression	2021
The Grip of Grief: Processing the Continual Losses of the Pandemic	2021
Hey, White Therapist, Here's Where We Start	2020
IMPACT Suicide – Resources & Conversations for Change	2020
Counselor Self Care	2020
COVID Telebehavioral Health	2021
Telehealth for Mental Health Professionals: 2-Day Distance Therapy Training	2020
Tele-Mental Health Documentation and Medical Necessity	2020
Acknowledging and Addressing Cultural Trauma in Social Work	2020
Telehealth Practice in the Digital Age	2020
Risk Management – Malpractice Cases & Claims Against Professional Counselors	2020
Assessment and Intervention w/ Suicidal Clients	2021
Ethical Issues Related to Practice of Online Clinical Supervision	2020
Child Abuse Prevention	2020
Effects of DV on Children	2020
Relationship Between Trauma and Substance Misuse	2020
Pandemic Adjustment Disorder	2021
Exploring Persistent Workplace Aggression, the Impact, and Solutions for Organizations	2017
Advanced Mindfulness Training	2017
LGBTQ+ Suicide Prevention	2017
Race: The Power of Illusion	2016
Transgender 101 and 102	2016
Cultural Competency	2015
Clinical Supervision Training for Counselors	2014
Dialectic Behavioral Training (DBT)	2014
Certified Prepare/Enrich Couple's Therapy Facilitator	2013
Motivational Interviewing	2012
Academy Training for Victims of Violent Crimes	2012
Trauma and Complicated Grief Training	2012
Trauma and Interventions	2011
Eye Movement Desensitization and Reprocessing (EMDR) Training	2011
Critical Incident Stress Debriefing	2010
Psychopharmacology	Annually 2008-2020
Brief Solution-Focused Family Therapy with Self-Harming Adolescents	2004
Nonviolent Crisis Intervention Training	Annually 2001-2003
HIPAA Training	2003
Licensed Clinical Social Work Supervision	2003
Motivational Enhancement Therapy	2002
Field Supervision Training for Social Work Students	2002
Counseling Victims of Sexual Assault	2002
Community Reinforcement Approach	2002
Domestic Violence and Substance Abuse	2001
Reactive Attachment Disorder	2000
Mental Illness and Substance Abuse I and II	2000