

REC CONNECT WEEK

SEP 16TH TUESDAY WELLNESS

Team Building Activity with Michael

- 3-3:30pm
- SAC

Safety Talk with SIUE PD

- 3:30-4:30pm
- Large Conference Room

Physical & Financial Wellness Sessions

- 3:30-4:30pm
- Large Conference Room
- SIUE Credit Union
- 4:30-5:30pm

Group Fitness (45 CycleZone)

- 5:15-6:15pm
- CycleZone

SEP 17TH WEDNESDAY CAREER DAY

Team Building Activity with Dustin & Ben

- 3-3:30pm
- SAC

OR Student Supervisor Panel

- 3-3:30pm
- Large Conference Room

Career Services

- Resume & Cover letter building
- 4-5pm
- Mock Interviews
- 5-5:45pm
- SAC

SIUE Athletics

- Olivia White
(Assistant Director of Student Athlete Success)
- 5-6pm
- Large Conference Room

Group Fitness (Cougar Fit)

- 5:15-6pm

Volunteer Opportunity (Restore Decor)

- 6:30-8pm
- Restore Decor Downtown Edwardsville

SEP 18TH THURSDAY CAMPUS REC DAY

Team Building Activity with Dustin & Ben

- 3-3:30pm
- SAC

Pro Staff Panel

- 3-3:30pm
- Large Conference Room

Dan with Play it Again Sports

- 3:30-4:30pm
- Large Conference Room

Dustin Nirsa Talk

- NIRSA, Lead on & IIRSA Information
- 5-5:30pm
- Large Conference Room

GA Panel

- 5:30-6:00pm
- Large Conference Room

Climbing Gym

- 5-6pm
- Learn how to climb!

SEP 19TH FRIDAY CONNECT EVENT

Club Ice Hockey Home Opener as CREC Connect Event

- Certificates will be presented to those who completed Rec Connect Week, and CREC student employees will get to enjoy the first hockey game of the season!
- Located at the East Alton Ice Arena
- @7pm