



**American
Red Cross**

Lifeguard Certification Class

Blended eLearning Course

- Email Natalie Hawkins at nrosale@siue.edu and Heidi Brooks at heibroo@siue.edu for Lifeguard Certification Class consideration and Summer 2026 employment.
- **Payment Cost: \$75.00 - SIUE Students / \$125.00 - Non-SIUE Students**

Requirements for Course Completion:

- **Pre-Req Swim Test prior to enrollment in Course**
 - Swim 150 yards, continuously demonstrating breath control and rhythmic breathing, then 2- minute tread, additional 50-yard swim.
 - Brick Dive in 10 ft of water, complete a timed event within 1 minute and 40 seconds.
 - **Dates: Must be completed prior to Thursday, May 7th - Schedule time with Natalie Hawkins or Heidi Brooks.**
- **Completion of E-Learning Content for Lifeguard Course**
 - May 8, 2026 – May 13, 2026
 - E-Learning Content must be completed prior to In-Person Sessions. (*Instructor will enroll the participant in an online E-Learning course*)
- **In-Person Sessions Dates and Times**
 - Thursday, May 14th, from 2:00 pm – 7:00 pm – *Student Fitness Center, VC Indoor Pool*
 - Friday, May 15th from 2:00 pm – 7:00 pm - *Student Fitness Center, VC Indoor Pool*
 - Saturday, May 16th from 10:00 am – 7:00 pm - *Student Fitness Center, VC Indoor Pool*
 - In Person Skill Session length depends on class size and lifeguard skill competency

For any questions, please contact Natalie Hawkins at nrosale@siue.edu or call 618-650-5392