Confidential Early Pregnancy Care

We understand that unexpected or early pregnancies can raise many questions. At our health center, you'll find a private, supportive environment where you can explore your options and get medical guidance that respects your decision-making. Our services include safe, evidence-based care for ending early pregnancy when desired, fully confidential and tailored to your needs. Our team is here to help you understand your choices, receive follow-up support, and plan for next steps in a setting that values your privacy. If you'd like to talk confidentially, call 618-650-2842 to schedule an appointment.

Resources

If you're pregnant, we offer compassionate guidance, including pregnancy options counseling to help you make the choice that's best for you. The options include resources for <u>adoption</u> information, <u>medication abortion</u>, and referrals for <u>prenatal care</u>.

Mental Health Support

SIUE Counseling Services

Free, confidential support for all students 618-650-2842

All-Options Talk line

1-888-493-0092 | <u>all-options.org</u>

Nonjudgmental support for pregnancy, parenting, abortion, and adoption.

• Exhale Pro-Voice

After-Abortion Resources (Talk-lines, Support Groups, Books/Testimonials)

Adoption Resources

- Planned Parenthood: Adoption Referral
- Choice Network
- National Pro-Choice Adoption Collaborative

Medication Abortion Services

Medication abortion is a safe, effective, and non-surgical way to end an early pregnancy using FDA-approved medications: mifepristone followed by misoprostol. The process begins in a clinical setting and can be completed in the privacy of your home, with support and guidance from our trained healthcare team.

Who can access these services?

- Currently enrolled SIUE students that are up to 9 weeks pregnant (verified by clinical exam or ultrasound)
- Individuals seeking a safe, private, and supported option

What to expect:

1. Initial Consultation

You'll meet with a licensed healthcare provider to discuss your options, confirm pregnancy, and review your health history.

2. Informed Consent & Instructions

Receive detailed information about the process, potential side effects, aftercare, and support options. Consent forms will be completed.

3. Medication Dispensing

The prescription for Mifepristone and Misoprostol may be filled at the SIUE Campus Pharmacy.

- Depending on your situation, you may take the first pill at home or under clinical supervision.
- Our team will work with you to find the safest and most affordable option for your situation.
- If you prefer, you may use another registered pharmacy in Illinois. Visit <u>FDA's</u> REMS-certified pharmacy list or contact our clinic staff for guidance.

4. Follow-Up Care

A follow-up check (via phone, virtual, or in-person) will ensure the process is complete and you're healing well. Support is always available.

Cost and Insurance

- The initial medical consultation with an SIUE provider is fully covered by the Student Health Fee. There is no additional charge for this visit if you are a currently enrolled student.
- The cost for both mifepristone and misoprostol typically ranges from \$56.00 to \$64.00 from SIUE Pharmacy. Prices are subject to change.
- SIUE Health Service and Campus Pharmacy do not bill insurance directly, but students may submit receipts for potential reimbursement.
- If cost is a concern, we can refer you to community-based programs or providers that offer financial assistance or services on a sliding scale.

Local Clinics

- Hope Clinic for Women Granite City, IL hopeclinic.com | (618) 451-5722
- Planned Parenthood of St. Louis Region <u>plannedparenthood.org</u> | 1-800-230-PLAN
- Abortion Finder.org (Telehealth options)

Financial & Travel Assistance

- Midwest Access Coalition (MAC) midwestaccesscoalition.org
 Provides travel, lodging, and support for abortion access in the Midwest.
- National Abortion Federation (NAF) Hotline

1-800-772-9100 | prochoice.org

Financial help and provider referrals.

Prenatal Care

Kristen James, MD

Dennis Hurford, M.D.

Meridian Centre One
2246 Illinois Route 157, Suite 100
Glen Carbon, IL 62034
618-288-9251

James Dalla Riva, M.D. 6810 State Route 162, Suite 301 Maryville, IL 62062 618-288-5699

Distinctive Care for Women
Anderson Medical Group
Dr. Patrice Staten, M.D.
Dr. Thomas Hulsen, M.D.
6812 State Route 162, Suite 303
Maryville, IL 62062
618-288-9320

Christina Midkiff, M.D. 2023 Vadalabene Drive, Suite 200 Maryville, IL 62062 618-288-7408

The Maryville Women's Center Scott Beer, MD 2016 Vadalabene Drive Maryville, IL 62062 618-288-2970

Alton OG/GYN associates at BJC Edwardsville (only open on Monday) 2122 Troy Rd. Edwardsville, IL 62025 618-433-6410