

## SIUE Dining Services - Vegetarian Options

Dining Services strives to offer balanced, inclusive vegetarian options that support a wide range of dietary preferences across campus. Vegetarian selections are incorporated intentionally into daily menus and are clearly identified to help students navigate their dining choices with confidence.

Our vegetarian offerings feature a rotating variety of globally inspired entrées prepared in-house by our culinary team. Menu items regularly include vegetable-based entrées, pasta dishes, grain bowls, soups, and plant-forward comfort foods. As menus rotate, vegetarian entrées are clearly marked with a vegetarian icon on menu boards and digital platforms.

In addition to rotating entrée selections, vegetarian options are available throughout our dining venues. Daily vegetarian choices are offered alongside standard entrée lines, and many stations provide customizable options that allow students to build meals aligned with their preferences. Vegetarian sandwiches, salads, and side dishes rotate regularly across campus dining locations.

For added flexibility and convenience, vegetarian Grab n Go items are available and clearly labeled. These offerings may include sandwiches, wraps, salads, and other rotating selections designed for students on the go. Students are also encouraged to explore Union Station and other campus locations for a wide variety of vegetarian-friendly options throughout the day.

Our vegetarian program continues to evolve alongside the needs of our campus community. Questions, feedback, or menu suggestions are always welcome and can be shared with SIUE Dining Services at [siuedining@siue.edu](mailto:siuedining@siue.edu) or directly with Executive Chef Drake at [Dutech@siue.edu](mailto:Dutech@siue.edu).

