

PSYC 111 D01 Syllabus
Foundations of Psychology - Online
Department of Psychology
Fall 2025
August 18th – October 10th, 2025

About the Instructor

Name: Haileigh Verdeyen, MS

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Office: AH 0311

Teams Office Hours: Thursdays 2:00 – 3:00p (or by appointment)

Link:

https://teams.microsoft.com/l/meetup-join/19%3a-WlSsrX_H9V8SJrZvWNEk6m2vVIxtFlXEP8pGvSrbSM1%40thread.tacv2/1754704025452?context=%7b%22Tid%22%3a%2299f37d21-0b5c-43ea-9103-e16f02f5aacf%22%2c%22Oid%22%3a%22ed28360f-48e4-423a-b12a-82f568a6229b%22%7d

Please utilize booking link to schedule time slot during hours:

<https://outlook.office.com/book/PSYC111OfficeHours@siue.edu/>

Other Relevant SIUE Psych Resources

Follow SIUE Psychology Department on Twitter: @SIUEpsychology

Follow SIUE Psychology Department on Facebook: SIUE Psychology

Or, visit our website: siue.edu/education/psychology

Instructor Expectations

To ensure the best experience, students can expect the instructor to:

Be available to students to clarify or explain concepts further. See the office hours outlined above. Email any requests for an office hour or Teams appointment if necessary.

Provide an enriching environment that stimulates critical thinking and thoughtful discussion.

Return graded work in a timely manner and to be available to clarify grading policies if needed.

Welcome

Welcome to PSYC 111! This is an asynchronous, online course. This means that there will not be a designated time that we meet as a group. While this may sound like a self-paced course, it is not – there will be due dates for readings, assignments, quizzes, etc. All class materials will be posted weekly to Blackboard. Please plan to check Blackboard and SIUE email each day for any necessary class updates. Lectures and any supplemental materials to be covered for that week will be posted to Blackboard and should be reviewed each week. This course is content heavy. It will be very important to avoid getting behind each week as the materials that are required will accumulate quickly. Typical weekly materials include lectures and additional videos or activities to further illustrate material in the lectures and readings. Weekly expectations, assignment details, and due dates will be noted in the Blackboard Module; however, they are all also outlined in the syllabus below.

Communicating with the instructor

The best way to communicate with the instructor is through email. The instructor intends to check email daily. Please note that it may take 24-48 hours to receive a response. However, if you have not received a response to your email after 48 hours, please feel free to reach out again. Please feel free to also email your teaching assistant for assignment questions. The instructor will also be available during office hours as stated above. Please email to arrange a Teams call if one is needed outside of scheduled office hours. The instructor can be flexible to accommodate schedules of students.

When emailing the instructor, please follow these guidelines as emails will not be answered if they do not contain the following:

- A proper address (Haileigh, Hello, Ms. Verdeyen),

- Your name (first and last), class, and section

- For example, in the subject line of your email - PSYC 111 D01

- Professional language

- Please, use full sentences, correct grammar, and appropriate language.

- Emails to your instructors should not look like text messages to your friends.

If you send me email that is inadequately punctuated, capitalized, incoherent, rude, otherwise unprofessional or is a question that has an answer clearly outlined in the syllabus or assignment instructions, I won't respond or may just respond with this is outlined in your syllabus. If you don't hear back from me within 48 hours, or by the end of the day on Monday if you emailed me over the weekend, assume that the email was improperly formatted, and try again.

Textbook and other reading materials

Pomerantz, A. M. (2023). My Psychology (3rd ed.). New York: Worth Publishers.

Undergraduate students can rent textbooks from SIUE. Please visit the Textbook Service website for more information. For off-campus classes, the textbook may be shipped to you. Look for the option "Off-Campus Classes have special instructions, click here for these." Note: shipping time may take up to two weeks.

Other materials will be posted to Blackboard, please check each week's module for assigned readings, they will also be noted in the course schedule in this syllabus.

Course Description

The field of psychology encompasses numerous areas of study. Over the course of this semester, you will be exposed to a breadth of topics in psychological science including neuroscience, lifespan development, learning, memory, emotion, personality, psychological disorders, psychotherapy, and social psychology. If you are interested in learning more about these topics, many are discussed in depth in upper-level psychology courses at SIUE.

Course Objectives

1. Examine the origins, evolution, and current state of the field of psychology.
2. Identify various subfields within the broader discipline of psychology.
3. Evaluate the role of research in psychology.
4. Articulate knowledge of the field of psychology in writing.
5. Demonstrate retention and understanding of key psychological concepts.

Course Expectations & Policies

Expectations

To ensure the best experience for all, students are expected to:

Watch class materials provided. If you are hoping to do well in this, or any, course, regular viewing and active participation with all materials provided will always be the first step.

Be courteous and respectful of fellow students' comments. As we will not be seeing one another in class this semester, it will be very important to utilize good online communication. We will be viewing comments made by each other without the benefit of facial expression, tone, and body language that is so important in expressing our own and understanding others' comments.

Be responsible for your own learning. As college students you are entering adulthood, therefore keeping records of your own grades, being aware of the class assignments, and being proactive if you are falling behind (contacting the instructor to clarify confusing concepts prior to the exam, for example) is up to you. If you are having difficulty with any aspects of the course, contact me as soon as possible. Students can attend Teams office hours, set up an appointment to meet via Teams individually, or email me.

Please print and read the syllabus! Before asking the instructor a question regarding due dates or assignments make sure it is not already on the syllabus. A syllabus quiz will be completed during the first week of the course. See Syllabus Quiz in Week One on Blackboard to complete.

Complete assignments on time.

Technology capabilities

Students in an online course should be able to:

Use a word processor, such as MS Word, to compose assignments and communicate with others in class

Attach files to emails or course areas

Navigate websites and course materials

Utilize Microsoft Teams

Reach out to tech support staff when issues arise and troubleshoot to resolve problems

Additional guidance for taking online courses can be found on the Online at SIUE site.

Behavior & Etiquette

As college students, it is expected that you will be respectful of each other and communicate professionally.

Reflect before you post an emotional response and reread what you have written to be sure it is professional

Communicate effectively. Do not use all caps or multiple punctuation marks (!!!, ???, etc.). Be sure to define or explain acronyms, jargon or uncommon terms so everyone can understand and participate in the discussion.

Sign your name. Take responsibility for your comments in order to build a strong classroom community.

Foster community. Share your ideas and contribute to ongoing discussions. Make comments that add to, not detract from, a positive learning environment for the course.

Be constructive. Challenge ideas and the course content, but do so in positive ways. It's fine to disagree, but when done politely you stimulate and encourage helpful discussion, and you maintain positive relationships with fellow students.

Keep the conversation on topic. Online dialogue is like conversation. If there is a particular dialogue going on, please add to it, but if you have something new to say, start a new thread.

Personal Disclosures Policy

Students are encouraged not to disclose personal (e.g., healthcare) information to the class. If they choose to share personal information about themselves or people they know, they should anonymize such statements. For example, substitute "a person," "a man," "a teenager," etc. for identifying names or relationships. As a reminder, disclosures made in class are not confidential. The instructor may discuss de-identified clinical examples. Use of de-identified cases for didactics is permitted by the Ethical Principles of Psychologists and Code of Conduct.

Research Requirements

Research is the basis of knowledge in psychology and provides the content in all areas of the discipline. The Department of Psychology requires a minimum of 4 hours of research experience of each student enrolled in PSYC 111, unless the participant pool coordinator determines otherwise.

This requirement may be completed by active participation in a department-approved study, by taking quizzes on select research articles, or a combination of these two in accord with guidelines set by the instructor. Each accepted quiz (must score 70% or above to be accepted) receives one

hour of research credit, and active participation in ongoing studies receives credit according to the length of time spent in the study, which can vary from half an hour to multiple hours.

Failure to fully complete the research experience requirement results in a one-letter grade drop. For example, if a student earned a B in PSYC 111 at the end of the semester but failed to fulfill the research experience requirement, the student would receive a C.

Students who make an appointment for research participation, as do the investigators conducting the study, make a commitment to be at the designated place at the designated time for their appointment. If an emergency arises to prevent participants from being able to be at the appointed time and place, they must notify the investigator no later than one hour prior to the study time. If students fail to come to the study on time or fail to cancel with sufficient notice, they will not receive credit for that study and be marked as a “no-show.” If you have more than two no-shows, you will no longer be able to register for experiments and will only have the option to complete the research article quizzes. Moreover, it is up to the investigator to decide whether and when such a participant can make an additional appointment for that particular study. Students should be aware that making a large number of appointments at the end of the semester (at the same time that hundreds of other students are trying to do so) can be difficult. It is best to fulfill the requirement well before the end of the semester.

Again, failure to meet the requirement at the end of the semester will lead to a reduction of one letter grade.

Those students who do not wish to participate in research may substitute research article quizzes for research participation. The article quizzes will give you some exposure to psychological research and acquaint you with some of the rich sources of materials where psychological studies are reported. During prescheduled times (see “Research Article Quizzes” section on Blackboard), you can read a pre-approved research article and take a quiz on said article. You must earn a 70% or greater to receive credit. Each quiz counts for 1 hour of research time.

There will be 4 article quizzes available after midterms. They will be located in the coursework tab. You will only get one attempt at the 10 question quiz, but there is not a time limit.

This will need completed by October 8th, 2025 at 11:59pm.

Assignments

Introduction Video

This assignment will require students to record a brief video introducing themselves including name, year in college, what they are looking forward to most with this class and their career/educational goals, to Flip within Microsoft Teams. Instructions on using Flip will be uploaded to Blackboard. The video length requirement is 2-3 minutes. After recording and posting the video in Flip assignment and within the Teams page (file tab), each student will reply to one other student’s video. The comment can include a warm welcome, discussion of similar/different goals, what they look forward to in the course, etc. Your video and responses will be graded using the scale/rubric below:

0 points: No post/reply is made or post/reply is not made in a timely way; post/reply uses offensive language

0.5 points (post)/ 0.5 point (response): Post/response reflects minimal effort and/or does not show thoughtful consideration

1 points (post)/ 1 points (response): Post/response is adequate in terms of content/length.

2.5 points (post)/ 2.5 points (response): Post/response is a very thoughtful and meaningful contribution to the discussion.

Initial posts must be made by Wednesday of each week by 11:59pm, a reply to another student must be made by 11:59pm on Sunday each week. Review the syllabus schedule for dates.

PLEASE COMPLETE THIS TASK ON A COMPUTER AND NOT MOBILE DEVICE TO PREVENT DIFFICULTIES

Concept Summary Videos

This assignment will require students to record a brief video giving summaries of different concepts to Flip within Microsoft Teams. Instructions on using Flip will be uploaded to Blackboard. The video length requirement is 3-5 minutes. Each student will pick one concept covered in that week's material to create a summary video on, completing 6 videos in total. After recording and posting the video in Flip assignment and within the Teams page (file tab), each student will be asked to reply to one other student's video – this video cannot be on the same concept that the student posted about. The comment can include something new that the student learned, any interest in researching the disorder further, any insights they made, etc.

0 points: No post/reply is made or post/reply is not made in a timely way; post/reply uses offensive language

0.5 points (post)/ 0.5 point (response): Post/response reflects minimal effort and/or does not show thoughtful consideration

1 points (post)/ 1 points (response): Post/response is adequate in terms of content/length.

2.5 points (post)/ 2.5 points (response): Post/response is a very thoughtful and meaningful contribution to the discussion.

PLEASE COMPLETE THIS TASK ON A COMPUTER AND NOT MOBILE DEVICE TO PREVENT DIFFICULTIES

Initial posts must be made by Wednesday of each week by 11:59pm, a reply to another student must be made by 11:59pm on Sunday each week.

Memory & Learning Reflection

This assignment will require students to reflect critically on how specific memory and learning processes shape their everyday life and personal growth. This assignment encourages you to connect course concepts with your own experiences and consider possible implications. The reflection will be split into 3 parts.

The reflection should be 2 pages in length and the three concepts required should be boldface in the paper. More information on requirements will be uploaded to Blackboard.

The paper should have 1-inch margins and use an 11- or 12-point Times New Roman font. The use of artificial intelligence (AI) tools and applications (including ChatGPT, DALL-E, and

others) to produce content for course assignments and assessments is a violation of SIUE's academic policy and is prohibited.

You do not have to provide citations or a reference page unless you use outside sources such as journal articles. If you do provide citations and references, those should be formatted using APA style.

Your Reflection will be graded using the scale/rubric below:

- 0 points: no paper is turned in; paper contains plagiarism
- 4 points or less: paper reflects minimal effort; paper is 1 page or less, no concepts from the book are highlighted
- 5-9 points: paper shows some thoughtful consideration; paper is less than 2 pages; significant grammar, spelling, or punctuation errors, only 2 concepts are highlighted
- 10-14 points: paper shows thoughtful reflection; some grammar, spelling, or punctuation errors
- 15-20 points: paper is very well written and demonstrates a very thoughtful and insightful reflection, 3 concepts are highlighted

The due date is September 7th, 2025, at 11:59pm.

Term Paper

Due to time constraints, we will not cover all the material in this book. As part of the coursework, students will complete a 2-3 term paper focusing on a section of one of the chapters we did not cover (Ch, 3, 4, 7, & 11). Within this assignment, students will select a journal article to review, that fits within the section of the chapter they selected. This presents students with an opportunity to summarize and evaluate peer reviewed research, which is something we do often in the psychology field, regardless of subfield. This assignment should be completed in APA format. More information on the assignment, the rubric, and APA format will be posted in Blackboard.

The paper should have 1-inch margins and use an 11- or 12-point Times New Roman font. The use of artificial intelligence (AI) tools and applications (including ChatGPT, DALL-E, and others) to produce content for course assignments and assessments is a violation of SIUE's academic policy and is prohibited.

The due date is October 3rd, 2025, at 11:59pm.

Late Work and Missed Assignments

Assignments are due by the dates and times listed in the Course Schedule, unless the instructor announces a modified deadline. Please submit all assignments through Blackboard, unless instructed otherwise. Emailed assignments are **not** accepted, unless the assignment instructs to do so. An assignment is late if it is submitted one second after the deadline (e.g., an assignment due at 3:00 p.m. that is submitted at 3:00:01 p.m. is late). Blackboard timestamps will be used to determine submission times. Emergencies (such as, but not limited to, technology or Internet problems and illness) do not exempt students from this policy. Please plan ahead for potential

emergencies by completing assignments soon after they become available; do not wait until a deadline is near to submit work. No late work is accepted, no exceptions. Assignments that are late receive zero points. Please do not request to make up missed assignments.

Participation Points

To receive the best class experience, participation and engagement are necessary. Some of the lecture videos will have brief “quiz” questions or activities to complete throughout to award participation and monitor understanding of class material. To encourage adherence of watching materials, these videos will not be announced or indicated to the class. Although all video lectures will remain open throughout the semester, participation points will only be awarded when completed by midnight each Sunday evening (i.e. for participation points, Week 1 lecture videos and “quiz” need to be viewed by Sunday, August 24th, 11:59pm).

Quizzes

Please keep in mind that all quizzes/exams are open book and open note – however, there is a time limit. While you are allowed to use your resources (book, lectures, notes, NOT GOOGLE), you should not be doing this for every answer. The idea is for you to answer the questions to your best ability without relying on your resources but can look back on the materials if needed. There is a couple questions throughout the semester that students google and use the AI answer provided (which is incorrect) – all of the questions come directly from the text or lecture material and sometimes are word for word from the lectures.

Syllabus Quiz

Students will be required to review the syllabus and complete a 10-question quiz by Sunday, August 24th, 2025, at 11:59pm. This quiz will be 12 minutes long. Students will be allowed unlimited attempts to complete the quiz before its due date. The highest score will be kept.

Weekly Quiz

Students will be required to complete a 10-question quiz on the material covered each week, except for midterm and finals weeks. Students will have 12 minutes to complete the quiz and will have 2 attempts. The quiz will be due at 11:59pm on Sunday each week.

Exams

Midterm Exam

The midterm exam for this course will consist of 50 questions. There will be a mix of multiple choice, fill in the blank, and multiple select questions. Students will have 60 minutes to complete the exam and only one attempt. This exam will be cumulative, meaning that it will cover the entirety of the course material and not just a unit of material. The exam due date is September 14th, 2025, at 11:59pm.

Final Exam

The final exam for this course will consist of 50 questions. There will be a mix of multiple choice, fill in the blank, and multiple select questions. Students will have 60 minutes to complete the exam and only one attempt. This exam will be cumulative, meaning that it will cover the entirety of the course material and not just a unit of material. The exam due date is October 8th, 2025, at 11:59pm.

Please ensure that you have a reliable computer and Internet access when you choose to begin an exam. If an exam “reset” is required for any reason, please call ITS 24/7 at 618-650-5500, any time before the exam deadline. If the exam is reset ITS, your final grade will be reduced by 10 percent of the exam value (i.e., 5 points will be subtracted from your final score). The reduction is because 1) a reset extends the time of a timed exam and 2) students are responsible for ensuring their computer and Internet access are reliable. Once the exam deadline has passed, the exam cannot be made up or reset.

Grading

Assignment Points	Grading Scale
Participation – 25 points	
Term Paper - 100 points	A – 90% and above (405+)
Intro & Concept Videos – 35 points	B – 80-89% (360-404)
Syllabus Quiz – 10 points	C – 70-79% (315-359)
Weekly Quiz – 60 points	D – 60-69% (270-314)
Reflection Paper – 20 points	F – 59% and below (267 and below)
Midterm Exam – 100 points	
Final Exam – 100 points	

No Rounding or Individualized Extra Credit

Final letter grades are based on total points earned and the grading table in the syllabus. Please don't request rounding or curving. The instructor may deduct points from students who ask. Occasionally, the instructor may offer extra credit opportunities to the whole class. (Extenuating circumstances, such as a specific number of volunteers needed at specific times, may limit ability to participate.). Please don't ask for individualized extra credit. The instructor may deduct points from students who ask.

Course Schedule

Week	Topics	Readings	Assignments

			& Due Dates
Week 1	Welcome Term Paper Review Research Review The Science of Psychology	Ch. 1	Syllabus Quiz & Weekly Quiz 1 (08/24/2025) Introduction Video (initial – 08/20, comment – 08/24)
Week 2	Brain and Behavior Development Across the Lifespan	Ch. 2 & 9	Weekly Quiz 2 (08/31/2025) Concept Video 1 (initial – 08/27, comment – 08/31)
Week 3	Memory Learning	Ch. 5 & 6	Weekly Quiz 3 (09/07) Reflection Paper (09/07) Concept Video 2 (initial – 09/03, comment – 09/07)

Week 4	Motivation and Emotions	Ch. 8	Midterm (09/14/2025) Concept Video 3 (initial –09/10, comment – 09/14)
Week 5	Multiculturalism	Ch. 10	Weekly Quiz 4 (09/21/25) Concept Video 4 (initial – 09/17, comment 09/21)
Week 6	Personality Social Psychology	Ch. 12 & 13	Weekly Quiz 5 (09/28) Concept Video 5 (initial – 09/24, due 09/28)
Week 7	Psychological Disorders Therapy	Ch. 14 & 15	Term Paper (10/03/2025)

			Weekly Quiz 6 (10/05/2025) Concept Video 6 (initial – 10/01, comment – 10/05)
Week 8	Review		Final (10/08/2025)

*Please note that all material, assignments, and deadlines are subject to change with prior notice. It is your responsibility to stay in touch with your instructor, review the course site regularly, or communicate with other students, to adjust as needed if assignments or due dates change.

University & Department Policies

Academic integrity/plagiarism

Plagiarism is the use of another person's words or ideas without crediting that person. Plagiarism and cheating will not be tolerated and may lead to failure on an assignment, in the class, or dismissal from the University, per the SIUE academic dishonesty policy. Students are responsible for complying with University policies about academic honesty as stated in the University's Student Academic Conduct Code.

Academic Integrity

Students are reminded that the expectations and academic standards outlined in the Student Academic Code (3C2) apply to all courses, field experiences and educational experiences at the University, regardless of modality or location. The full text of the policy can be found here: <https://www.siu.edu/policies/3c2.shtml>.

University guidance on artificial intelligence (AI)

Unless expressly allowed by the instructor, the use of artificial intelligence (AI) tools and applications (including ChatGPT, DALL-E, and others) to produce content for course assignments and assessments is a violation of SIUE's academic policy and is prohibited.

For this course, you are allowed to use AI to restructure notes, to summarize PowerPoints, to help you study or get a better understanding of material. However, AI is **not** to be used for any of the assignments and assessments in this course! If it becomes evident that a student has used AI, your instructor will reach out to discuss appropriate use and offer the ability to resubmit the assignment for one letter grade lower than what they would receive. For the second expected use of AI, this instructor will give students a 0 for the assignment. Anything further will result in an F for the course.

Departmental Policy on Plagiarism

Plagiarism includes either presenting someone else's words without quotation marks (even if you cite the source) or presenting someone else's ideas without citing that source. If you plagiarize, your instructor cannot evaluate your understanding of the topic. When paraphrasing from another source, at the very least the student should change the wording, sentence syntax, and order of ideas presented in the paper. Ideally, the student will integrate ideas from multiple sources while providing critical commentary on the topic in a way that clearly identifies whether words and ideas are those of the student or are from another source. Plagiarism is one type of academic misconduct described in SIUE's Student Academic Code (<http://www.siu.edu/policies/3c2.shtml>). University policy states that "Normally a student who plagiarizes shall receive a grade of F in the course in which the act occurs. The offense shall also be reported to the Provost." (<http://www.siu.edu/policies/1i6.shtml>). The University policy discusses additional academic sanctions including suspension and expulsion from the University. To ensure that you understand how to avoid plagiarism, we encourage you to review the information on plagiarism provided on the Department of Psychology web page at <http://www.siu.edu/education/psychology/plagiarism.shtml>.

Department of Psychology Writing Policy

As a student in this course, you will be expected to display university-level writing, which includes completing course assignments that meet the following basic writing criteria. Specifically, all written assignments completed for this course should include:

- clear transitions from sentence to sentence and idea to idea (e.g., paper is organized/flows well)

- verb tense consistency

- clear and unambiguous sentences and ideas

- writing that is free of typos, spelling errors, and major grammatical errors

- properly formatted citations and references (if relevant)

This is by no means an exhaustive list of basic writing skills but will give you an idea of what we are looking for in our papers. If you feel you need help with your writing, you are encouraged to seek assistance from the writing center on campus (<http://www.siu.edu/is/writing>) or utilize one of the many online resources they have identified to help students (<http://www.siu.edu/is/writing/resources.shtml>). If your graded written assignments fail to meet the basic writing requirements listed above (and any others found to be appropriate by your instructor), the instructor will stop the grading process and return the paper to you with the grade of 0. You will have 24 hours to return the assignment in an acceptable form; if it still fails to meet the basic writing criteria, the grade of 0 will remain.

University Policies and Information

University policies and guidance that address teaching, learning, and student support services are available at: <https://kb.siu.edu/132378> Students are encouraged to visit this resource site for current information on:

- Regular and Substantive Interaction

- Recordings of Class Content

Diversity and Inclusion

Pregnancy and Newly Parenting Policy

Services for Students Needing Accommodations (ACCESS)

Academic and Other Student Services (Library, Academic Success, Tutoring, etc.)

Cougar Care

Student Success Coaches

Technical Support

Since this is an online course, you are expected to have reliable Internet access on a regular basis. It is your responsibility to address any computer problems that might occur. Such problems are not an excuse for delays in meeting expectations or for missing course deadlines. Contact ITS at 618-650-5500 or at help@siue.edu with any technical concerns. You can also check the functionality of University systems, including Blackboard, at the ITS System Status page, or search the ITS Knowledge Base for various how-to and troubleshooting guides.

Tips for taking online assessments:

Set up in a space with limited distractions.

Set up a wired (Ethernet) Internet connection on your computer, if able

Do not use a mobile device, such as a phone or tablet

Read the instructions and directions carefully

Be prepared to complete the assessment in the allotted time

Be careful of clicking out of the exam. If this happens Blackboard will close the exam, so caution should be used.