

NCFDD Mentoring Map

Department Colleagues
 1. _____
 2. _____
 3. _____

Professional Editor
 1. _____
 2. _____

Readers
 (see Intellectual Community)

Senior Faculty in Your Department
 1. _____
 2. _____
 3. _____
 4. _____

On Campus Mentors
 1. _____
 2. _____
 3. _____
 4. _____

Off Campus Mentors
 1. _____
 2. _____
 3. _____
 4. _____

Peer Mentors
 1. _____
 2. _____

1. _____
 2. _____
 3. _____

Substantive Feedback 

Professional Development 

Sponsorship 

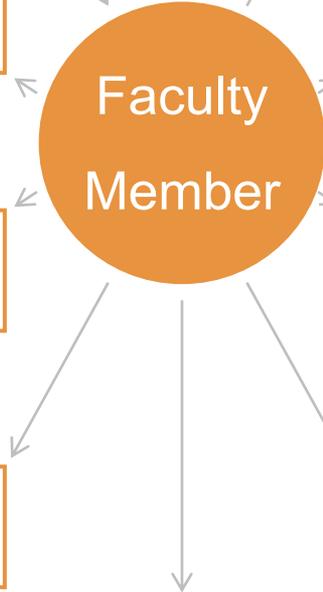
Emotional Support 

Access to Opportunities 

Role Models 

Accountability
 for what REALLY matters 

Intellectual Community 



Safe Space 

1. _____ 3. _____
 2. _____ 4. _____

On Campus
 1. _____
 2. _____
 3. _____
 4. _____

Off Campus
 1. _____
 2. _____
 3. _____
 4. _____

Friends
 1. _____
 2. _____
 3. _____

Family
 1. _____
 2. _____
 3. _____

Other
 1. _____
 2. _____
 3. _____

1. _____ 5. _____
 2. _____ 6. _____
 3. _____ 7. _____
 4. _____ 8. _____

Readers

0-25%
 1. _____
 2. _____
 3. _____

25-50%
 1. _____
 2. _____
 3. _____

50-75%
 1. _____
 2. _____
 3. _____

75-100%
 1. _____
 2. _____
 3. _____

Week 2

Mentoring 101

1: How can I move towards getting my needs met?

Missing Piece: _____

How do I get that piece?

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

2: How can I maximize my Opportunities?

Who will be at my next conference?

Who already has what I want?

Who has expressed interest in my work (or me)?

People	Who will be at my next conference?	Who already has what I want?	Who has expressed interest in my work (or me)?
1.		1.	
2.		2.	
3.		3.	

Actions	Who will be at my next conference?	Who already has what I want?	Who has expressed interest in my work (or me)?
1.		1.	
2.		2.	
3.		3.	

3: What Limiting Beliefs would keep me from taking action?

<i>Common Limiting Beliefs. Check all that apply:</i>	X
Who am I to contact _____?	
My work is not ready or good enough to show anyone.	
I don't want to impose, _____ is too busy!	
Nobody has ever help me in the past, so no one will help me now.	
I'm afraid of _____ (Insert Negative Outcome).	
I don't know where to find _____.	

4: Commit to Action: Call, Email, Ask Someone...

What are THREE Actions I can take THIS WEEK to move forward?

1.
2.
3.

“Your job is to get the ball rolling and trust in the power of networks... Everything that you want, everything you need is two or three connections away.”
— Kerry Ann