

Learning Resource Center

Newsletter

September 2026

Issue 76

Flex Your Zen

Join us on Wednesday, September 16 at 3pm for Flex Your Zen.

Bring your mat and we'll bring the good vibes. Enjoy benefits like boosting flexibility and strength, reducing stress and feeling lighter, and practicing self-care. Hope to see you there!

Slow Down. Stretch Out. Start Fresh.

Time Management

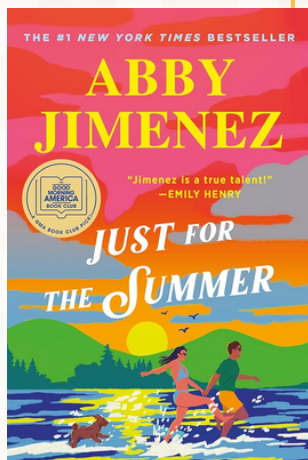
Work Force Development

Join the LRC on Tuesday, September 8, at 1pm for a Workforce Development program on Time Management. Learn how to manage your time for workplace success.



Book Club

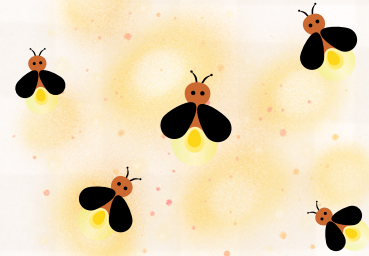
Our September book is Just for Summer by Abby Jimenez. Contact the LRC to sign up and reserve your copy. Book Club meets on the last Friday of the month, September 25, online. Members who attend the meeting will get a copy of the book to keep.



Kid's Corner

Firefly Art

Stop in the LRC on Thursday, September 3, at 11am to create art that really GLOWS. We'll be making firefly art for kids to enjoy year round.



August Recap

- Aug 4–Learning to Breathe
- Aug 11–Kid's Corner: Time Capsules
- Aug 20–WKFD: Perfecting Your Resume
- Aug 24–28–Make-a-Frame Pop-in
- Aug 28–Book Club: All Systems Red by Martha Wells
- All month long: Popsicles!

Spotlight

Do you have a favorite book? Stop by the LRC to check out the September display where we are spotlighting the favorite books of folks at the LRC and on campus.



Library Card

September is Library Card Sign Up Month! Sign up for a library card and be entered to win an LRC gift bag.

Contact Info

@sive.esl.lrc.1



@SIUE_ESLC_LRC

sive.esl.library@sive.edu
618-874-8719

Hours of Operation
Monday–Friday
8:30am–4:30pm



September 2026

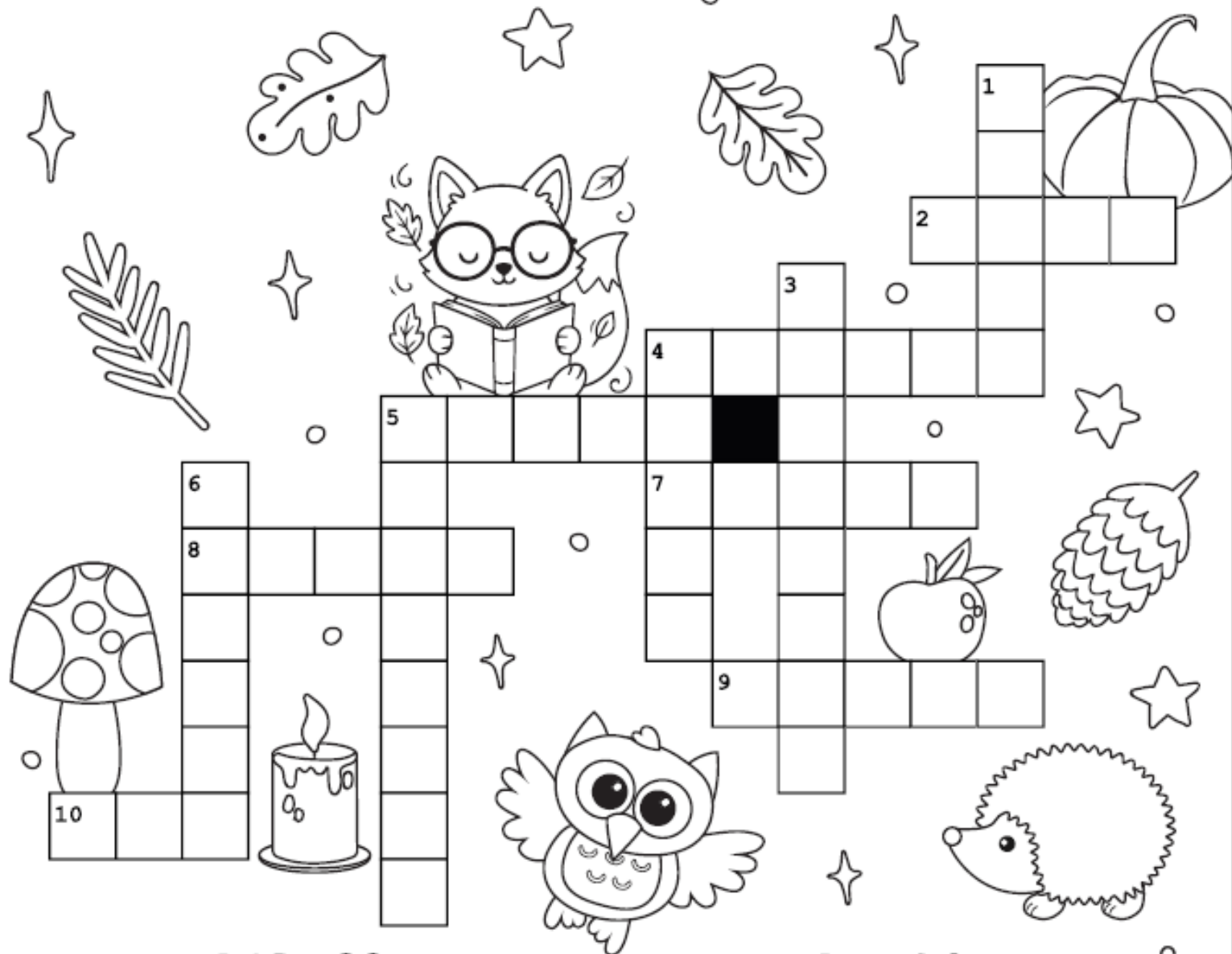
Learning Resource Center Hours
Monday-Friday 8:30am-4:30pm
Sunday/Saturday-Closed

Monday	Tuesday	Wednesday	Thursday	Friday
7  The LRC will be CLOSED Monday, September 7 We apologize for any inconvenience.	8  WKFD: Time Management 1pm	9  Flex Your Zen 3pm	10  Kid's Corner Firefly Art 11am	11 
14 	15  Lunch & Learn: Volunteering 12pm	16 	17 	18 Book Club 12pm
21 	22 	23 	24 	25 
28 	29 	30 		

September is Library Card Month. Anyone who gets a library card this month will be entered to win an LRC gift bag of goodies. If you don't have a library card, stop by to sign up!



FALL CROSSWORD



ACROSS

2. Sound made by an owl at night.
4. Crops like wheat harvested in fall.
5. Sweet apple drink enjoyed warm or cold.
7. Crisp fruit picked in September.
8. Nut that grows on oak trees.
9. Cool air or crunchy apple in fall.
10. Thick mist covering fields on cool mornings.

DOWN

1. Footwear for puddles, mud, and leaves.
3. Outdoor fire for warmth or marshmallows.
4. Sauce served with mashed potatoes or turkey.
5. Farm attraction made from tall corn rows.
6. Making pies, breads, and cookies in fall.